The County of Centre

PROCLAMATION

NUMBER 27 OF 2016

WHEREAS, suicide is the 10th leading cause of all deaths in the United States; and

WHEREAS, in the United States, one person completes suicide every 13 minutes and there has been an overall increase in the suicide rate in our country among people of all ages; and

WHEREAS, nearly 5 million people in the United States have lost a loved one to suicide; and

WHEREAS, suicide claims the lives of over 1,300 Pennsylvanians each year – an average of 3.5 lives each day; and

WHEREAS, in Pennsylvania suicide is the second leading cause of death for young people ages 10-24, and the latest statistics from the Centers for Disease Control show that the suicide rate among middle aged Americans has increased by a factor of 30% since 1999; and

WHEREAS, the prejudice and discrimination associated with mental health and suicide works against suicide prevention by discouraging persons at risk from seeking life-saving help and further traumatizes survivors of suicide; and

WHEREAS, local and statewide suicide prevention efforts should be developed and encouraged to the maximum extent possible; and

WHEREAS, most suicides are preventable;

NOW, THEREFORE BE IT RESOLVED, the Centre County Commissioners hereby designate September 10th as "*Centre County Suicide Awareness and Prevention Day*" and the month of September as "*Centre County Suicide Awareness and Prevention Month*", and ask the Citizens of Centre County to spread the word that that suicide is a preventable public health problem.

ADOPTED this 16th day of August, 2016.

CENTRE COUNTY BOARD OF COMMISSIONERS

Alekáel Pipe, Chairm

Mark Higgins

Steven G. Dershem

ATTEST:

Denise L. Elbell Acting Administrator